

# Comprehensive Health History

## Patient Information

Patient Name: \_\_\_\_\_  
(last) (first) (middle initial)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Ph: (\_\_\_\_) \_\_\_\_\_ Cell Ph: (\_\_\_\_) \_\_\_\_\_

Work Ph: (\_\_\_\_) \_\_\_\_\_ Best Contact: Phone Text Email

Email: \_\_\_\_\_ Sex: M or F

SS#: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Status:  Single  Married  Widowed  Divorced  Separated  Minor

Occupation: \_\_\_\_\_

Employer: \_\_\_\_\_

### In Case of Emergency

Name: \_\_\_\_\_ Relationship \_\_\_\_\_

Home Ph: (\_\_\_\_) \_\_\_\_\_ Cell Ph: (\_\_\_\_) \_\_\_\_\_

### How Did You Hear About Us?

- Referral: \_\_\_\_\_  Direct Mail  
 Internet  Magazine  
 TV  Other: \_\_\_\_\_

## Insurance Information

Who is responsible for this account?  Self  Other: \_\_\_\_\_

If other, what is the relationship to patient: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Policy #: \_\_\_\_\_ Group #: \_\_\_\_\_

Is the patient covered by additional insurance?  Yes  No

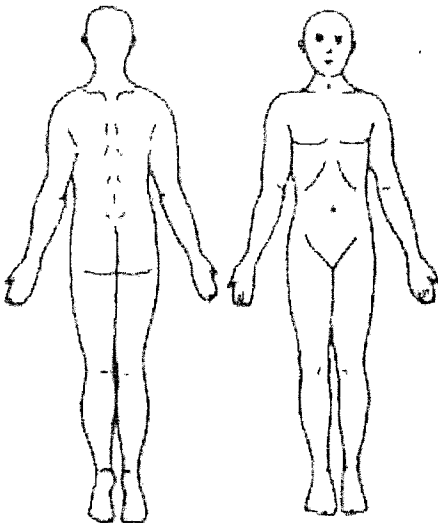
Subscribers Name: \_\_\_\_\_

DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_



### Label on the Diagram the CURRENT Areas of Discomfort:

- A= Aching
- B= Burning
- C= Cramps
- D= Dull
- N= Numbness
- P= Pins&Needles
- S= Stabbing
- SH= Sharp
- ST= Stiffness
- SW= Swelling
- T= Tingling

## Current Condition

If you could erase 3 health problems, what would they be?

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Problem #1

When did you 1<sup>st</sup> notice this problem? \_\_\_\_\_  
 Has it occurred before?  Yes  No When? \_\_\_\_\_

Is the condition getting worse?  Yes  No  Unknown

Is the Condition:  Auto Related  Job Related  Home Injury  
 Slip/Fall  Lifting  Slept Wrong  Unknown Cause  
 Other \_\_\_\_\_

Rate the severity of your pain from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

How often do you have this pain? \_\_\_\_\_

Does it interfere with:  Work  Sleep  Daily Routine  Recreation

What treatment have you received for this problem?  
 Medication  Surgery  Physical Therapy  Chiropractic Services  
 None  Other \_\_\_\_\_

### Problem #2

When did you 1<sup>st</sup> notice this problem? \_\_\_\_\_  
 Has it occurred before?  Yes  No When? \_\_\_\_\_

Is the condition getting worse?  Yes  No  Unknown

Is the Condition:  Auto Related  Job Related  Home Injury  
 Slip/Fall  Lifting  Slept Wrong  Unknown Cause  
 Other \_\_\_\_\_

Rate the severity of your pain from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

How often do you have this pain? \_\_\_\_\_

Does it interfere with:  Work  Sleep  Daily Routine  Recreation

What treatment have you received for this problem?  
 Medication  Surgery  Physical Therapy  Chiropractic Services  
 None  Other \_\_\_\_\_

### Problem #3

When did you 1<sup>st</sup> notice this problem? \_\_\_\_\_  
 Has it occurred before?  Yes  No When? \_\_\_\_\_

Is the condition getting worse?  Yes  No  Unknown

Is the Condition:  Auto Related  Job Related  Home Injury  
 Slip/Fall  Lifting  Slept Wrong  Unknown Cause  
 Other \_\_\_\_\_

Rate the severity of your pain from 1 (least pain) to 10 (severe pain) \_\_\_\_\_

How often do you have this pain? \_\_\_\_\_

Does it interfere with:  Work  Sleep  Daily Routine  Recreation

What treatment have you received for this problem?  
 Medication  Surgery  Physical Therapy  Chiropractic Services  
 None  Other \_\_\_\_\_

### If Auto or Job Related:

To whom have you made a report of your accident?  
 Auto Insurance  Employer  Work Comp  Other \_\_\_\_\_  
 Attorney Name: (if applicable) \_\_\_\_\_

## Current Medications

Medication Dosage/How Long For What Condition?

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Medication Allergies: \_\_\_\_\_

Reaction? \_\_\_\_\_

Supplement Allergies: \_\_\_\_\_

Reaction? \_\_\_\_\_

Food Allergies: \_\_\_\_\_

Reaction? \_\_\_\_\_

Do you have any surgical devices in your body? (ie screws, pins, plates, etc)

Yes  No If yes, where located \_\_\_\_\_

Have your medications or supplements ever caused you unusual side effects or problems?  Yes  No Describe: \_\_\_\_\_

Have you had prolonged or regular use of:

NSAIDS (Advil, Aleve, etc.), Motrin or Aspirin?  Yes  No

Tylenol?  Yes  No

Acid Blocking Drugs (Tagamet, Zantac, Prilosec)?  Yes  No

Frequent Antibiotics (> 3 times a year)  Yes  No

Long Term Antibiotics  Yes  No

Steroids Present or Past (Prednisone, Nasal Allergy Inhalers)  Yes  No

## Work Activity

Labor Activity:

Light  Moderate  Heavy  Sedentary

Work Activity Postures:

Bending  Climbing  Kneeling  Pulling  
 Pushing  Reaching  Sitting  Standing  
 Twisting  Walking  Computer  Repetitive

Work Activity Level:

Full-Time  Part-Time  Homemaker  Student  Unemployed

Hours per week \_\_\_\_\_ Mostly  Sitting  Walking  Standing

Work Environment:

Difficult  Enjoyable  Relaxed  Stressful

## Lifestyle History

Check Your Exercise Levels:

- Inactive** – no regular physical activity with a sit-down job.
- Light Activity** – no organized physical activity during leisure time.
- Moderate Activity** – occasionally involved in activities (2-3x/week)
- Heavy Activity** – consistent lifting, stair climbing, heavy construction, etc., or regular participation in active sports. (3-5x/week)
- Vigorous Activity** – participation in extensive physical exercise for at least 60 minutes per session (4-7x/week)

Please check all that apply:

Tobacco – Type \_\_\_\_\_ Amt/Day: \_\_\_\_\_

Are you exposed to 2<sup>nd</sup> hand smoke regularly? \_\_\_\_\_

Alcohol \_\_\_\_\_ Drinks/Week: \_\_\_\_\_

Coffee/Caffeine Drinks \_\_\_\_\_ Cups/Day: \_\_\_\_\_

Do you currently or have previously used recreational drugs?  Yes  No

If yes, what types/method (IV, inhaled, smoked, etc) \_\_\_\_\_

## Allergies

Do you have a history of allergies? Y N

If so for how long? \_\_\_\_\_

What season(s) do your allergies bother you the most?

Spring Summer Fall Winter All Year

Common Allergy Symptoms: Please rate by severity

0=None 1=Mild 2=Moderate/Severe

Nasal Congestion	0	1	2
Sneezing	0	1	2
Coughing	0	1	2
Wheezing	0	1	2
Asthma	0	1	2
Watery, Itchy Eyes	0	1	2
Sinus or Ear Infections	0	1	2
Sore Throat	0	1	2
Trouble Breathing while sleeping	0	1	2
Fatigue	0	1	2
Headaches	0	1	2
Itchy Skin	0	1	2
Eczema	0	1	2
Hives	0	1	2

Do you have a history of heart disease? Y N

Do you have a history of asthma or lung disease? Y N

Have you ever been to an emergency room, urgent care or hospital due to an allergic reaction? Y N

Please list any know allergies and the symptoms they cause:

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Patient Name \_\_\_\_\_ Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Medical History

Please check all that apply / Indicate When and any Comments/Results

## Surgeries (Indicate what year)

<input type="checkbox"/> N/A	_____	<input type="checkbox"/> None Reported	_____
<input type="checkbox"/> Appendectomy	_____	<input type="checkbox"/> Bunionectomy	_____
<input type="checkbox"/> Cardiac Bypass	_____	<input type="checkbox"/> Cataracts	_____
<input type="checkbox"/> C-Section	_____	<input type="checkbox"/> Carpal Tunnel	_____
<input type="checkbox"/> Cosmetic	_____	<input type="checkbox"/> Ear Tubes	_____
<input type="checkbox"/> Gall Bladder	_____	<input type="checkbox"/> Hysterectomy	_____
<input type="checkbox"/> Implants	_____	<input type="checkbox"/> Knee	_____
<input type="checkbox"/> Lasik	_____	<input type="checkbox"/> Spinal Fusion	_____
<input type="checkbox"/> Tonsillectomy	_____	<input type="checkbox"/> Wisdom Discectomy	_____

## Injuries

<input type="checkbox"/> Back Injury	_____	<input type="checkbox"/> Broken Bones/Fractures	_____
<input type="checkbox"/> Head Injury	_____	<input type="checkbox"/> Industrial	_____
<input type="checkbox"/> Neck Injury	_____	<input type="checkbox"/> Severe Fall	_____
<input type="checkbox"/> Soft Tissue	_____	<input type="checkbox"/> Other	_____

## Medical History - Past or Present Illnesses

Please check all that apply (past or present) / Circle **CURRENT** Conditions

<input type="checkbox"/> ADD	<input type="checkbox"/> AIDS/HIV	<input type="checkbox"/> Alcoholism	<input type="checkbox"/> Allergies
<input type="checkbox"/> Alzheimer's	<input type="checkbox"/> Anemia	<input type="checkbox"/> Anorexia	<input type="checkbox"/> Appendicitis
<input type="checkbox"/> Arthritis	<input type="checkbox"/> Asthma	<input type="checkbox"/> Atopic Dermatitis	<input type="checkbox"/> Bed Wetting
<input type="checkbox"/> Bleeding Disorders	<input type="checkbox"/> Blood Clot	<input type="checkbox"/> Blood Transfusion	<input type="checkbox"/> Breast Lump
<input type="checkbox"/> Bronchitis	<input type="checkbox"/> Bulimia	<input type="checkbox"/> Cancer	<input type="checkbox"/> Cataracts
<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Chemical Dependency	<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Chicken Pox
<input type="checkbox"/> Cholera	<input type="checkbox"/> Chronic Fatigue Syndrome	<input type="checkbox"/> Crohn's/Colitis	<input type="checkbox"/> CRPS (RSD)
<input type="checkbox"/> Constipation	<input type="checkbox"/> CVA (Stroke)	<input type="checkbox"/> Cystic Kidney Disease	<input type="checkbox"/> Depression
<input type="checkbox"/> Diabetes ( <i>insulin</i> )	<input type="checkbox"/> Diabetes ( <i>non insulin</i> )	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Eating Disorder
<input type="checkbox"/> Eczema	<input type="checkbox"/> Emphysema	<input type="checkbox"/> Epilepsy/Convulsions	<input type="checkbox"/> Eye Problems
<input type="checkbox"/> Fetal Drug Exposure	<input type="checkbox"/> Fibromyalgia	<input type="checkbox"/> Fractures	<input type="checkbox"/> Gallbladder Disorder
<input type="checkbox"/> Gallstones	<input type="checkbox"/> German Measles	<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Goiter
<input type="checkbox"/> Gonorrhea	<input type="checkbox"/> Gout	<input type="checkbox"/> Headaches	<input type="checkbox"/> Heart Attack
<input type="checkbox"/> Heart Disease	<input type="checkbox"/> Heart Failure	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Hernia
<input type="checkbox"/> Herniated Disk	<input type="checkbox"/> Herpes/Lesions/Shingles	<input type="checkbox"/> High Blood Pressure	<input type="checkbox"/> High Cholesterol
<input type="checkbox"/> Hormone Replacement	<input type="checkbox"/> Hypertension	<input type="checkbox"/> Hypoglycemic	<input type="checkbox"/> Influenza Pneumonia
<input type="checkbox"/> IBS ( <i>Irritable Bowel Syndrome</i> )	<input type="checkbox"/> Jaundice	<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Liver Disease
<input type="checkbox"/> Lung Disease	<input type="checkbox"/> Lupus Erythema ( <i>Discoid</i> )	<input type="checkbox"/> Lupus Erythema (Systemic)	<input type="checkbox"/> Malaria
<input type="checkbox"/> Measles	<input type="checkbox"/> Migraine Headaches	<input type="checkbox"/> Miscarriage	<input type="checkbox"/> Mononucleosis
<input type="checkbox"/> Multiple Sclerosis	<input type="checkbox"/> Mumps	<input type="checkbox"/> Nervous Breakdown	<input type="checkbox"/> Osteoporosis
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Parkinson's Disease	<input type="checkbox"/> Pinched Nerve	<input type="checkbox"/> Pleurisy
<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Polio	<input type="checkbox"/> Pregnancy	<input type="checkbox"/> Prostate Problems
<input type="checkbox"/> Prosthesis	<input type="checkbox"/> Psoriasis	<input type="checkbox"/> Psychiatric Care	<input type="checkbox"/> Rheumatoid Arthritis
<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Scarlet Fever	<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Seizure Disorder
<input type="checkbox"/> Sickle Cell Anemia	<input type="checkbox"/> Sinusitis	<input type="checkbox"/> Sleep Apnea	<input type="checkbox"/> Spina Bifida
<input type="checkbox"/> STD	<input type="checkbox"/> Stroke	<input type="checkbox"/> Suicide Attempt(s)	<input type="checkbox"/> Swelling Feet
<input type="checkbox"/> Thyroid Problems	<input type="checkbox"/> Tonsillitis	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Tumors, Growths
<input type="checkbox"/> Typhoid Fever	<input type="checkbox"/> Ulcers	<input type="checkbox"/> Unspec. Pleural Effusion	<input type="checkbox"/> Vaginal Infections
<input type="checkbox"/> Vertigo	<input type="checkbox"/> Whooping Cough	<input type="checkbox"/> Other: _____	

Patient Name \_\_\_\_\_ Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Family Health History

*Check all family members that apply*

	Mother	Father	Brother (s)	Sister (s)	Children	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather	Aunts	Uncles	Other
Age (if still alive)												
Age at Death (if deceased)												
Cancers												
Colon Cancer												
Breast or Ovarian Cancer												
Heart Disease												
Hypertension												
Obesity												
Diabetes												
Stroke												
Inflammatory Arthritis (ex: Rheumatoid Psoriatic)												
Inflammatory Bowel Disease												
Multiple Sclerosis												
Auto Immune Disease (ex: Lupus, Hashimotos)												
Irritable Bowel Syndrome												
Celiac Disease												
Asthma												
Eczema / Psoriasis												
Food Allergies, Sensitivities or Intolerances												
Environmental Sensitivities												
Dementia												
Parkinson's												
ALS or other Motor Neuron Diseases												
Genetic Disorders												
Substance Abuse (such as Alcoholism)												
Psychiatric Disorders												
Depression												
Schizophrenia												
ADHD												
Autism												
Bipolar Disease												

Patient Name \_\_\_\_\_ Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

# Review of Symptoms

Indicated which of the below you have experienced in the last 1-2 months.  
 1=Never; 2=Rarely; 3=Occasionally; 4=Frequently; 5=Constantly

<b>Ears/Nose</b>		<b>Muscular/Skeletal</b>		Dentures	1 2 3 4 5	<b>Urinary</b>	
Decreased Hearing	1 2 3 4 5	Ankle/Foot Pain	1 2 3 4 5	Difficulty Swallowing	1 2 3 4 5	Blood in Urine	1 2 3 4 5
Ear Drainage	1 2 3 4 5	<b>(Circle all that apply)</b>		Hoarseness	1 2 3 4 5	Burning or Pain	1 2 3 4 5
Ear Pain/Ear Infection	1 2 3 4 5	Popping, Clicking, Weakness, Stiffness		Shortness of Breath	1 2 3 4 5	Frequency	1 2 3 4 5
Frequent Sneezing	1 2 3 4 5	Arthritis	1 2 3 4 5	Sore Throat	1 2 3 4 5	Incontinence	1 2 3 4 5
Headaches	1 2 3 4 5	Balance Problems		<b>Hematologic</b>		Kidney Stones	1 2 3 4 5
Hayfever	1 2 3 4 5	Elbow Pain	1 2 3 4 5	Anemia	1 2 3 4 5	Urgency	1 2 3 4 5
Itchy/Watery Eyes	1 2 3 4 5	<b>(Circle all that apply)</b>		Ease of Bleeding	1 2 3 4 5	<b>Endocrine</b>	
Loss of Smell	1 2 3 4 5	Popping, Clicking, Weakness, Stiffness		Blood Clotting	1 2 3 4 5	Abnormal Urination	1 2 3 4 5
Nose Bleeds	1 2 3 4 5	Fibromyalgia	1 2 3 4 5	Blood Transfusion	1 2 3 4 5	Change in Appetite	1 2 3 4 5
Nose Drainage/Runny	1 2 3 4 5	Hip Pain	1 2 3 4 5	Bruise Easily	1 2 3 4 5	Decreased Endurance	1 2 3 4 5
Ringing in Ears	1 2 3 4 5	<b>(Circle all that apply)</b>		Lymph Node Swelling	1 2 3 4 5	Diabetes	1 2 3 4 5
Snoring	1 2 3 4 5	Popping, Clicking, Weakness, Stiffness		<b>Neurological</b>		Excessive Hunger	1 2 3 4 5
Stuffy Nose	1 2 3 4 5	Joint Pain	1 2 3 4 5	Dizziness	1 2 3 4 5	Excessive Thirst	1 2 3 4 5
TMJ	1 2 3 4 5	Knee Pain	1 2 3 4 5	Facial/Limb Weakness	1 2 3 4 5	Fatigue/Drowsiness	1 2 3 4 5
<b>Eyes/Vision</b>		<b>(Circle all that apply)</b>		Fainting/ Loss of Consciousness	1 2 3 4 5	Feel "Burned Out"	1 2 3 4 5
Blindness	1 2 3 4 5	Popping, Clicking, Weakness, Stiffness		Headaches	1 2 3 4 5	Goiter	1 2 3 4 5
Blurred/Double Vision	1 2 3 4 5	Low Back Pain	1 2 3 4 5	Migraines	1 2 3 4 5	Hair Loss/Hair Growth	1 2 3 4 5
Cataracts	1 2 3 4 5	Muscle Aches	1 2 3 4 5	Loss of Memory	1 2 3 4 5	Hot Flashes/Night Sweats	1 2 3 4 5
Eye Pain	1 2 3 4 5	Muscle Cramping		Migraines	1 2 3 4 5	Hypo/Hyper Thyroid	1 2 3 4 5
Field Cuts	1 2 3 4 5	Muscle Stiffness(in a.m.)		Numbness	1 2 3 4 5	Inability to Lose Weight	1 2 3 4 5
Glaucoma	1 2 3 4 5	Neck Pain	1 2 3 4 5	Seizures	1 2 3 4 5	Poor Sleep	1 2 3 4 5
Itching	1 2 3 4 5	Pain Between Shoulder	1 2 3 4 5	Sleep Disturbance	1 2 3 4 5	Voice Changes	1 2 3 4 5
Photophobia	1 2 3 4 5	Pain Wakens You	1 2 3 4 5	Slurred Speech	1 2 3 4 5	Weight Loss/Gain	1 2 3 4 5
Tearing	1 2 3 4 5	Shoulder Pain	1 2 3 4 5	Stroke	1 2 3 4 5	<b>Reproductive</b>	
Wear Glasses/Contacts	1 2 3 4 5	<b>(Circle all that apply)</b>		Tingling	1 2 3 4 5	Burning Urination	1 2 3 4 5
<b>Skin</b>		Popping, Clicking, Weakness, Stiffness		Tremor	1 2 3 4 5	Cramps	1 2 3 4 5
Excessive Sweating	1 2 3 4 5	Weakness in Arms/Legs	1 2 3 4 5	Unsteadiness of Gait	1 2 3 4 5	Frequent Urination	1 2 3 4 5
Eczema	1 2 3 4 5	Wrist/Hand Pain	1 2 3 4 5	<b>Mental/Emotional</b>		Hormone Therapy	1 2 3 4 5
Dryness	1 2 3 4 5	<b>(Circle all that apply)</b>		Anxiety/Panic	1 2 3 4 5	Itching/Rash	1 2 3 4 5
Hives	1 2 3 4 5	Popping, Clicking, Weakness, Stiffness		Behavioral Change	1 2 3 4 5	Decreased Libido	1 2 3 4 5
Itching	1 2 3 4 5	Wrist/Hand Pain	1 2 3 4 5	Bi-Polar Disorder	1 2 3 4 5	Mood Swings	1 2 3 4 5
Lumps	1 2 3 4 5	<b>(Circle all that apply)</b>		Blackouts/Amnesia	1 2 3 4 5	STI's	1 2 3 4 5
Nail Texture/ Skin Color Changes	1 2 3 4 5	Popping, Clicking, Weakness, Stiffness		Clumsy	1 2 3 4 5	Infertility	
Rashes	1 2 3 4 5	Weakness in Arms/Legs	1 2 3 4 5	Confusion	1 2 3 4 5	<b>Males Only:</b>	
Skin Lesions	1 2 3 4 5	Wrist/Hand Pain	1 2 3 4 5	Cry Often	1 2 3 4 5	Have you had a PSA?	<input type="checkbox"/> Yes <input type="checkbox"/> No
Varicosities	1 2 3 4 5	<b>(Circle all that apply)</b>		Daytime Sleepiness	1 2 3 4 5	<b>Levels?</b>	<input type="checkbox"/> 0-2 <input type="checkbox"/> 2-4 <input type="checkbox"/> 4-10 <input type="checkbox"/> >10
<b>Cardiovascular</b>		Popping, Clicking, Weakness, Stiffness		Convulsions	1 2 3 4 5	Erectile Dysfunction	1 2 3 4 5
Angina	1 2 3 4 5	Abdominal Pain/Cramps	1 2 3 4 5	Depression	1 2 3 4 5	Genital Pain	1 2 3 4 5
Chest Pain	1 2 3 4 5	Abnormal Stool	1 2 3 4 5	Emotional Numbness	1 2 3 4 5	Hernia	1 2 3 4 5
Claudication (leg pain/ache)	1 2 3 4 5	Belching	1 2 3 4 5	Foggy Thinking	1 2 3 4 5	Impotence	1 2 3 4 5
Congestive Heart Failure	1 2 3 4 5	Black/Tarry Stools	1 2 3 4 5	Forgetfulness	1 2 3 4 5	Urination at Night	1 2 3 4 5
Coronary Artery Disease	1 2 3 4 5	Bloating/Gas	1 2 3 4 5	Have Considered Suicide	1 2 3 4 5	Prostate Enlargement	1 2 3 4 5
Difficulty Breathing Lying	1 2 3 4 5	Change in Appetite	1 2 3 4 5	Have Hallucinations	1 2 3 4 5	Prostate Infection	1 2 3 4 5
Heart Murmur	1 2 3 4 5	Change in Bowel Habit	1 2 3 4 5	Have Overused Alcohol	1 2 3 4 5	<b>Females Only:</b>	
Heart Problems	1 2 3 4 5	Constipation	1 2 3 4 5	Hyperactive	1 2 3 4 5	Heavy Bleeding	1 2 3 4 5
High Blood Press (no meds)	1 2 3 4 5	Crohn's Disease	1 2 3 4 5	Insecure	1 2 3 4 5	Hot Flashes	1 2 3 4 5
High Blood Press (on meds)	1 2 3 4 5	Diarrhea	1 2 3 4 5	Insomnia	1 2 3 4 5	Irregular Menstruation	1 2 3 4 5
Low Blood Pressure	1 2 3 4 5	Hemorrhoids	1 2 3 4 5	Jittery	1 2 3 4 5	Ovarian Cysts	1 2 3 4 5
Pacemaker/Defibrillator	1 2 3 4 5	Indigestion	1 2 3 4 5	Memory Loss	1 2 3 4 5	Pain During Sex	1 2 3 4 5
Palpitations	1 2 3 4 5	Jaundice	1 2 3 4 5	Mood Swings/Irritability	1 2 3 4 5	Painful Periods	1 2 3 4 5
Shortness of Breath		Rectal Bleeding	1 2 3 4 5	Nervous Breakdown	1 2 3 4 5	Vaginal Discharge	1 2 3 4 5
with Exertion/Exercise	1 2 3 4 5	Reflux/Heartburn	1 2 3 4 5	Grumpiness	1 2 3 4 5	Vaginal Dryness	1 2 3 4 5
Swelling of Legs	1 2 3 4 5	Nausea/Vomiting	1 2 3 4 5	Poor Concentration	1 2 3 4 5	Notes:	
Ulcers	1 2 3 4 5	Vomiting Blood	1 2 3 4 5	Restless Leg Syndrome	1 2 3 4 5	_____	
Varicose Veins	1 2 3 4 5	<b>Throat/Respiratory</b>		Shy	1 2 3 4 5	_____	
Waking at Night - Shortness of Breath	1 2 3 4 5	Asthma/ Wheezing	1 2 3 4 5	Uses Tranquilizers	1 2 3 4 5	_____	
		Bleeding Gums	1 2 3 4 5	Withdrawn	1 2 3 4 5		
		Chronic Cough	1 2 3 4 5	Workaholic	1 2 3 4 5		
		Coughing up Blood	1 2 3 4 5				
		Chest Congestion	1 2 3 4 5				

Patient Name \_\_\_\_\_ Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

## ADVANCED MEDICAL CONSENT TO TREAT

I hereby request and consent to the performance of spinal manipulation and manual therapy techniques and other physical rehabilitation procedures, including various modes of physical therapeutic modalities and procedures and diagnostic X-rays, where warranted, on me (or on the patient named below, for whom I am legally responsible) by the health care staff of Advanced Medical/Living Wellness and/or other licensed doctors of chiropractic who now or in the future work in this facility.

I have had an opportunity to discuss with a registered or licensed health care provider, the nature and purpose of diagnostic or treatment procedures. I understand that results are not guaranteed.

I understand and am informed that, in the practice of medicine and in the practice of chiropractic there are some risks to treatment and diagnostic services including but not limited to:

Manipulation: increased pain or discomfort, fractures, disc injuries, strokes, dislocations and sprains.

Therapeutic Modalities and procedures: additional pain and discomfort. Endurance exercise may cause increased risk of acute Myocardial Infarction (heart attack) in patients with known or possible cardiac conditions.

Radiographs: ionizing radiation can be harmful to a fetus for those who are pregnant or might be pregnant.

I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest. The doctor named below has additionally explained the risks associated with my refusal of treatment.

I have read, or have had read to me, the above consent. I have also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

\_\_\_\_\_  
Signature of Patient, Parent, Guardian or Personal Representative

\_\_\_\_\_  
Print Name of Patient, Parent, Guardian or Personal Representative

\_\_\_\_\_  
Relationship to Patient

\_\_\_\_\_  
Date

## ASSIGNMENT OF HEALTH PLAN BENEFITS AND RIGHTS AS WELL AS AN

### APPOINTMENT AND/OR DESIGNATION AS MY PERSONAL REPRESENTATIVE AND AN ERISA/PPACA REPRESENTATIVE AND BENEFICIARY

I understand and agree that (regardless of whatever health insurance or medical benefits I have), I am ultimately responsible to pay LIVING WELLNESS/ADVANCED MEDICAL, as well as all employees, employers, representatives, and agents thereof, (hereinafter collectively referred to as "Healthcare Provider") the balance due on my account for any professional services rendered and for any supplies, tests, or medications provided. I hereby authorize payment of, and assign my rights to, any health insurance or medical plan benefits directly to Healthcare Provider for any and all medical/healthcare services, supplies, tests, treatments, and/or medications that **HAVE BEEN OR WILL BE** rendered or provided; as well as designating and appointing Healthcare Provider as my beneficiary under all health insurance or medical plans which I may have benefits under. I hereby authorize the release of any health status, conditions, symptoms or treatment information contained in your records that is needed to file and process insurance or medical plan claims, to pursue appeals on any denied or partially paid claims, for legal pursuit as to any unpaid or partially paid claims, or to pursue any other remedies necessary in connection with same. I hereby assign directly to Healthcare Provider all rights to payment, benefits, and all other legal rights under, or pursuant to, any health plan (including, but not limited to, any ERISA governed plan/insurance contract, PPACA governed plan/insurance contract) rights that I (or my child, spouse, or dependent) may have under my/our applicable health plan(s) or health insurance policy(ies). I also hereby appoint and designate that Healthcare Provider can act on my/our behalf, as my/our Personal Representative, ERISA Representative, and PPACA Representative as to any claim determination, to request any relevant claim or plan information from the applicable health plan or insurer, to file and pursue appeals and/or legal action (including in my name and on my behalf) to obtain and/or protect benefits and/or payments that are due (or have been previously paid) to either Healthcare Provider, myself, and/or my family members as a result of services rendered by Healthcare Provider, and to pursue any and all remedies to which I/we may be entitled, including the use of legal action against the health plan, the insurer, or any administrator. I hereby also declare that Healthcare Provider is my/our beneficiary regarding my/our health plan as contemplated by both ERISA and PPACA, and that Healthcare Provider can pursue any and all rights that I/we may have under state and/or federal law regarding my/our health plan. This assignment, appointment, and designation will remain in effect unless revoked by me in writing. *It is my intent that the effective date of this document shall relate back to include all services, supplies, test, treatments, or medications that have been previously provided by Healthcare Provider.* A photocopy or scan of this document is to be considered as valid and as enforceable as the original.

\_\_\_\_\_  
Signature of Patient, Parent, Guardian or Personal Representative

\_\_\_\_\_  
Print Name of Patient, Parent, Guardian or Personal Representative

Patient Name \_\_\_\_\_ Patient Signature \_\_\_\_\_ Date \_\_\_\_\_



Today's Date

First Name		Last Name		MI	Phone #
Insurance Company			Patient ID / Member ID		
Gender (Select One)		Height	Weight	Birthdate	Age
Male	Female				

Are you pregnant? **YES NO** Do you have metal plates/pins in your body? **YES NO** Do you have a pacemaker? **YES NO**  
Do you have a pain or insulin pump? **YES NO** Do you have any electrical or metal implants or sensors of any kind? **YES NO**  
**Please answer the following questions to the best of your ability.**

**SECTION 1**

*Regarding your health*

[1A] Have you ever experienced any of the following cardiovascular diseases or symptoms?

	YES		YES
Hypertension ( <i>high blood pressure</i> )?	<input type="checkbox"/>	Pain in upper back (thoracicalgia)?	<input type="checkbox"/>
Peripheral Vascular Disease?	<input type="checkbox"/>	Pain in lower back (lumbago)?	<input type="checkbox"/>
Edema (swelling in arms and/or legs)?	<input type="checkbox"/>	Pain in neck (cervicalgia)?	<input type="checkbox"/>
Sacroilitis?	<input type="checkbox"/>	Cervical Disc Degeneration?	<input type="checkbox"/>
Thoracic Disc Degeneration?	<input type="checkbox"/>	Lumbar Disc Degeneration?	<input type="checkbox"/>

[1B] Have you ever experienced any of the following cardiovascular conditions or symptoms?

Diabetes I with neurological symptoms?	<input type="checkbox"/>	Diabetes II with neurological symptoms?	<input type="checkbox"/>
Do you experience hyperhidrosis (Excessive sweating)?	<input type="checkbox"/>	Do you ever experience a rapid heart rate ( <i>Tachycardia</i> )?	<input type="checkbox"/>
Do you ever stand up and get dizzy and/or light headed?	<input type="checkbox"/>	Do you ever notice a tingling/numbness feeling in your fingers or limbs?	<input type="checkbox"/>
Reflex Dystrophy?	<input type="checkbox"/>	Reflex Sympathetic Dystrophy?	<input type="checkbox"/>
Do you have hypotension ( <i>very low blood pressure</i> )?	<input type="checkbox"/>	Peripheral Neuropathy?	<input type="checkbox"/>
Do you ever experience pain in your arms and/or legs?	<input type="checkbox"/>		

**SECTION 2**

*Regarding your personal and family health history*

Do you smoke or have you smoked?	<input type="checkbox"/>	Has anyone in your immediate family (blood relatives) been diagnosed with cardiovascular disease (CVD)?	<input type="checkbox"/>
Do you have diabetes?	<input type="checkbox"/>		
Do you have high cholesterol?	<input type="checkbox"/>	Has anyone in your immediate family (blood relatives) passed away from Sudden Cardiac Death Syndrome (SCD)?	<input type="checkbox"/>
Do you have a history of CVA or TIA?	<input type="checkbox"/>		

Patient Signature \_\_\_\_\_ Physician Signature \_\_\_\_\_

**FOR OFFICE USE ONLY**

Continuous BP (XXX/XX mmHg) BP1: \_\_\_\_\_ BP2: \_\_\_\_\_ BP3: \_\_\_\_\_

NAME: \_\_\_\_\_

PATIENT ID: \_\_\_\_\_

DATE: \_\_\_\_\_

	Frequency of Pain				Quality of Discomfort									How does Movement Effect it?			Rate from 1-10		What % of the Day is it noticed?		Since your last visit		
	Continuous	Intermittent	Occasional	Numerous	Dullness	Sharpness	Stiffness	Tightness	Achiness	Burning	Stabbing	Throbbing	Mild	Moderate	Severe	Better	Worse	Same	Rate from 1-10	What % of the Day is it noticed?	Better	Worse	Same
Headache																							
Neck																							
Upper Back																							
Mid Back																							
Low Back																							
Right																							
Shoulder																							
Arm																							
Elbow																							
Wrist/Hand																							
Hip																							
Knee																							
Ankle/Foot																							
Left																							
Shoulder																							
Arm																							
Elbow																							
Wrist/Hand																							
Hip																							
Knee																							
Ankle/Foot																							

PATIENT SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_



# HIPPA Information and Consent Form

The Health Insurance Portability and Accountability Act (HIPPA) provides safeguards to protect your privacy. Implementation of HIPPA requirements officially began on April 14, 2003 however many of the policies have been in place in this practice for years.

There are rules and restrictions on who may see or be notified of your Protected Health Information(PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPPA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care.

1. Patient information will be kept confidential except as is necessary to provide services or to ensure that all administrative matters related to your care are handled appropriately. This specifically included the sharing of information with other healthcare providers, laboratories, health insurance payers as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information.
2. It is the policy of this office to remind patients of their appointments. We may do this via telephone, email, text, U.S. mail, etc. We may send you other communications informing you of changes to office policy and new technology that you may find valuable or informative.
3. The practice utilizes a number of vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPPA.
4. You understand and agree to inspections of the office and review of documents which may include PHI by government agencies or insurance payers in normal performance of their duties.
5. You agree to bring any concerns or complaints regarding privacy to the attention of the office manager or the doctor.
6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.
7. We agree to provide patients with access to their records in accordance with state and federal laws.
8. We may change, add, delete or modify any of these provisions to better serve the needs of both the practice and the patient.
9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

I, \_\_\_\_\_ date \_\_\_\_\_ do hereby consent and acknowledge my agreement to the terms set forth in the HIPPA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward.